

Table III. Cont'd

No.	Statement	Evidence
5.6	AD in adults is probably associated with congestive heart failure (moderate certainty evidence) <i>Remark: The evidence suggests a small to moderate magnitude of association between AD and congestive heart failure in adults, with greater AD severity associated with a greater magnitude of association.</i>	34,89,93,97,112,142
5.7	AD in adults is probably associated with thromboembolic diseases (moderate certainty evidence) <i>Remark: The evidence suggests a small magnitude of association between AD and thromboembolic diseases in adults.</i>	98
5.8	AD in adults may be associated with cardiovascular death (low certainty evidence) <i>Remark: The evidence suggests a small magnitude of association between AD and cardiovascular death in adults.</i>	88,94,99,142
Metabolic disorders		
6.0	AD in adults is probably associated with obesity (moderate certainty evidence)	22,30,89,90,100-103,112,136,150,152
6.1	AD in adults is probably associated with dyslipidemia (moderate certainty evidence)	15,21,30,68,84,86-88,90,92,136,150,152,153
6.2	AD in adults may not be associated with diabetes (low certainty evidence)	15,21,22,30,68,83-90,92,97,104,112,136,150,152,153
6.3	The association between AD in adults and metabolic syndrome is uncertain (very low certainty evidence)	51,152,153
Bone health		
7.0	AD in adults is associated with osteoporosis (high certainty evidence)	15,105,154
7.1	AD in adults is associated with bone fractures (moderate certainty evidence)	106,155
Skin infection		
8.0	AD in adults is associated with skin infection (moderate certainty evidence)	107-111,168

Bold is used to highlight the strength of the association statement and the certainty of the evidence.

AA, Alopecia areata; AD, atopic dermatitis; ADHD, attention deficit hyperactivity disorder.

the associations between AD and allergic conjunctivitis and eosinophilic esophagitis (Supplementary Tables IV and V; available via Mendeley at <https://data.mendeley.com/datasets/cm9h5g2m63/1>).

IMMUNE-MEDIATED CONDITIONS

The pathogenesis of AD is primarily rooted in a feedback loop of skin barrier dysfunction and an aberrant immune response leading to inflammation.¹²⁰ While a genetic predisposition to barrier dysfunction may be the inciting event for many people with AD, multiple immune-related genes have also been associated with AD.¹²¹ This may, at least in part, explain the association between AD and various autoimmune conditions; in a Danish population-based study, AD was associated with 2.5 times the odds of having any autoimmune condition and 3.5 times the odds of having 2 or more autoimmune conditions compared to the general population.⁹

Alopecia areata

Epidemiologic studies consistently show an association between AD and alopecia areata (AA).¹²² In the Danish study mentioned above, the adjusted odds ratio (OR) for the association between AD and AA was 26.31 (95% CI, 14.48-47.80) (Supplementary Table VI; available via Mendeley at <https://data.mendeley.com/datasets/cm9h5g2m63/1>).⁹ While some of the strength of that association may be related to diagnostic bias (ie, dermatologists treating patients for 1 of those diagnoses are more likely to make a formal, coded diagnosis of the other condition), the association is likely valid. There is also a widespread belief that AD portends a worse prognosis for AA in terms of the severity and response to treatment, but studies are limited. In an AA registry study, having AD was associated with a higher likelihood of having alopecia totalis or universalis, but the association was not statistically significant (OR 1.24; 95% CI, 0.95-1.61).¹²³ While there are