- Drugs used in IPTp, SMC or chemoprophylaxis should not be used as first-line treatment in the same country or region.
- Resistance to SP limits use of artesunate + SP to areas in which susceptibility is retained.Thus, in the majority of malaria-endemic countries, first-line ACTs remain highly effective, although resistance patterns change over time and should be closely monitored.

Choosing among formulations
Use of fixed-dose combination formulations will ensure strict adherence to the central principle of combination therapy. Monotherapies should not be used, except as parenteral therapy for severe malaria or SP chemoprevention, and steps should be taken to reduce and remove their market availability. Fixed-dose combination formulations are now available for all recommended ACTs except artesunate + SP.

Paediatric formulations should allow accurate dosing without having to break tablets and should promote adherence by their acceptability to children. Paediatric formulations are currently available for artemether + lumefantrine, dihydroartemisinin + piperaquine and artesunate + mefloquine.

Other operational issues in managing effective treatment
Individual patients derive the maximum benefit from an ACT if they can access it within 24–48 h of the onset of malaria symptoms. The impact in reducing transmission at a population level depends on high coverage rates and the transmission intensity. Thus, to optimize the benefits of deploying ACTs, they should be available in the public health delivery system, the private sector and the community, with no financial or physical barrier to access. A strategy for ensuring full access (including community management of malaria in the context of integrated case management) must be based on analyses of national and local health systems and may require legislative changes and regulatory approval, with additional local adjustment as indicated by programme monitoring and operational research. To optimize the benefits of effective treatment, wide dissemination of national treatment guidelines, clear recommendations, appropriate information, education and communication materials, monitoring of the deployment process, access and coverage, and provision of adequately packaged antimalarial drugs are needed.

Community case management of malaria
Community case management is recommended by WHO to improve access to prompt, effective treatment of malaria episodes by trained community members living as close as possible to the patients. Use of ACTs in this context is feasible, acceptable and effective *[293]*. Pre-referral treatment for severe malaria with rectal artesunate and use of RDTs are also recommended in this context. Community case management should be integrated into community management of childhood illnesses, which ensures coverage of priority childhood illnesses outside of health facilities.

Health education
From the hospital to the community, education is vital to optimizing antimalarial treatment. Clear guidelines in the language understood by local users, posters, wall charts, educational videos and other teaching materials, public awareness campaigns, education and provision of information materials to shopkeepers and other dispensers can improve the understanding of malaria. They will increase the likelihood of better prescribing and adherence, appropriate referral and reduce unnecessary use of antimalarial medicines.

Adherence to treatment
Patient adherence is a major determinant of the response to antimalarial drugs, as most treatments are taken at home without medical supervision. Studies on adherence suggest that 3-day regimens of medicines such as ACTs are completed reasonably well, provided that patients or caregivers are given an adequate explanation at the time of prescribing or dispensing. Prescribers, shopkeepers and vendors should therefore give clear, comprehensible explanations of how to use the medicines. Co-formulation probably contributes importantly to adherence. User- friendly packaging (e.g. blister packs) also encourages completion of a treatment course and correct dosing.

Practice Statement

National adaptation and implementation (2010)

The choice of ACTs in a country or region should be based on optimal efficacy, safety and adherence.

An antimalarial medicine that is recommended in the national malaria treatment policy should be changed if the total treatment failure proportion is ≥ 10%, as assessed in vivo by monitoring therapeutic efficacy.

Introduction of a new antimalarial medicine in the national treatment policy should be based on the treatment having an average cure rate of > 95% as assessed in clinical trials.