

- gabapentin
- oxcarbazepine
- phenobarbital
- phenytoin
- pregabalin
- tiagabine
- vigabatrin.

For a short explanation of why the committee made these recommendations and how they might affect practice, see the [rationale and impact section on absence seizures](#).

Full details of the evidence and the committee's discussion are in [evidence review G: effectiveness of antiseizure therapies in the treatment of absence seizures](#).

5.4 Myoclonic seizures

Specialist involvement

- 5.4.1 If a child under 4 years has myoclonic seizures, either seek guidance on treatment from or refer to a tertiary paediatric neurologist.

First-line treatment

- 5.4.2 Offer a choice of levetiracetam or sodium valproate as first-line treatment for myoclonic seizures. Follow the [MHRA safety measures and precautionary advice for sodium valproate in box 2](#). If the first choice of treatment is unsuccessful, try the other one of these options as monotherapy or add-on treatment.

In January 2025, this was an off-label use of levetiracetam as monotherapy. See