

can result in increased hemoglobin release and overproduction of bilirubin.

In the absence of hemolysis, the physician should consider a problem with the hepatic uptake or conjugation of bilirubin. Certain drugs, including rifampin and probenecid, may cause unconjugated hyperbilirubinemia by diminishing hepatic uptake of bilirubin. Impaired bilirubin conjugation occurs in three genetic conditions: Crigler-Najjar syndrome types I and II and Gilbert's syndrome. *Crigler-Najjar type I* is an exceptionally rare condition found in neonates and characterized by severe jaundice (bilirubin $>342\text{ }\mu\text{mol/L}$ [$>20\text{ mg/dL}$]) and neurologic impairment due to kernicterus, frequently leading to death in infancy or childhood. These patients have a complete absence of bilirubin UDPGT activity; are totally unable to conjugate bilirubin; and hence cannot excrete it.

Crigler-Najjar type II is somewhat more common than type I. Patients live into adulthood with serum bilirubin levels of $103\text{--}428\text{ }\mu\text{mol/L}$ ($6\text{--}25\text{ mg/dL}$). In these patients, mutations in the bilirubin UDPGT gene cause the reduction—typically $\leq 10\%$ —of the enzyme's activity. Bilirubin UDPGT activity can be induced by the administration of phenobarbital, which can reduce serum bilirubin levels in these patients. Despite marked jaundice, these patients usually survive into adulthood, although they may be susceptible to kernicterus under the stress of concurrent illness or surgery.

Gilbert's syndrome is also marked by the impaired conjugation of bilirubin due to reduced bilirubin UDPGT activity (typically $10\text{--}35\%$ of normal). Patients with Gilbert's syndrome have mild unconjugated hyperbilirubinemia, with serum levels almost always $<103\text{ }\mu\text{mol/L}$ (6 mg/dL). The serum levels may fluctuate, and jaundice is often identified only during periods of stress, concurrent illness, alcohol use, or fasting. Unlike both Crigler-Najjar syndromes, Gilbert's syndrome is very common. The reported incidence is $3\text{--}7\%$ of the population, with males predominating over females by a ratio of $1.5\text{--}7:1$.

Conjugated Hyperbilirubinemia Elevated conjugated hyperbilirubinemia is found in two rare inherited conditions: *Dubin-Johnson syndrome* and *Rotor syndrome* ([Table 49-1](#)). Patients