

OUTPATIENT REGIMENS ^a	PARENTERAL REGIMENS
Ceftriaxone (500 mg IM once) <i>plus</i> Doxycycline (100 mg PO bid for 14 days) <i>plus^b</i> Metronidazole (500 mg PO bid for 14 days)	Initiate parenteral therapy with either of the following regimens; continue parenteral therapy until 48 h after clinical improvement; then change to outpatient therapy, as described in the text Regimen A Cefotetan (2 g IV q12h) <i>or</i> cefoxitin (2 g IV q6h) <i>plus</i> Doxycycline (100 mg IV or PO q12h) Regimen B Clindamycin (900 mg IV q8h) <i>plus</i> Gentamicin (loading dose of 2 mg/kg IV or IM, then maintenance dose of 1.5 mg/kg q8h)

^aSee text for discussion of options in the patient who is intolerant of cephalosporins.

^bThe addition of metronidazole is recommended particularly if bacterial vaginosis or trichomoniasis is present.

Source: Adapted from Centers for Disease Control and Prevention: MMWR Recomm Rep 64(RR-03):1, 2015.

The CDC STD treatment guidelines recommend initiation of empirical treatment for PID in sexually active young women and other women at risk for PID if they are experiencing pelvic or lower abdominal pain, if no other cause for the pain can be identified, and if pelvic examination reveals one or more of the following criteria for PID: cervical motion tenderness, uterine tenderness, or adnexal tenderness. Women with suspected PID can be treated as either outpatients or inpatients. In the multicenter Pelvic Inflammatory Disease Evaluation and Clinical Health (PEACH) trial, 831 women with mild to moderately severe symptoms and signs of PID were randomized to receive either inpatient treatment with IV cefoxitin and doxycycline or outpatient treatment with a single IM dose of cefoxitin plus oral doxycycline. Short-term clinical and microbiologic outcomes and long-term outcomes were equivalent in the two groups. Nonetheless, hospitalization should be considered when (1) the diagnosis is uncertain and surgical emergencies such as appendicitis and ectopic pregnancy cannot be excluded, (2) the