

Since different respiratory viruses tend to have a predilection for replication in differing cells or regions of the respiratory tract, it is possible for the well-trained clinician with epidemiologic information to understand the most likely associations of viruses with clinical syndromes. The clinical diagnoses for virus infections in the upper respiratory tract are rhinitis or the common cold, sinusitis, otitis media, conjunctivitis, pharyngitis, tonsillitis, and laryngitis. In reality, some upper respiratory tract infections affect more than one upper respiratory tract anatomic site during a single infection, such as the classical pattern of pharyngoconjunctival fever during adenovirus infection. Lower respiratory tract syndromes also can be associated easily with anatomic region, including tracheitis, bronchitis, bronchiolitis, pneumonia, and exacerbations of reactive airway disease or asthma. Bronchiolitis is a disease condition characterized by trapping of air in the lungs with difficulty in expiration (i.e., wheezing); it is caused by inflammation or infection of the bronchioles, the smallest and most highly resistant airways. Again, mixed syndromes occur, such as laryngotracheitis, usually termed croup. Croup, a disease condition characterized by difficulty in inspiration associated with a barking cough, is caused by inflammation or infection of the larynx, trachea, and bronchi. When respiratory symptoms occur in the context of a respiratory viral illness with significant systemic signs, infection with particular agents can be suspected (e.g., influenza, measles, SARS, SARS-CoV-2, or hantavirus pulmonary syndrome [HPS]), with exposure history taken into account.

ETIOLOGIC AGENTS

■ RESPIRATORY VIRUSES CAUSING DISEASE IN IMMUNOCOMPETENT HOSTS

Children have more frequent respiratory virus infections than adults; thus, it was natural that many early discoveries about the viral causes of respiratory infections came from pediatric studies. The principal causes of acute viral respiratory infections were determined in large epidemiologic studies in the 1960s and 1970s, when cell culture of infectious agents became available. More recently, studies