

counts of $<50/\mu\text{L}$. The average CD4+ T-cell count at the time of diagnosis is $10/\mu\text{L}$. The most common presentation is disseminated disease with fever, weight loss, and night sweats. At least 85% of patients with MAC infection are mycobacteremic, and large numbers of organisms can often be demonstrated on bone marrow biopsy. The chest x-ray is abnormal in $\sim 25\%$ of patients, with the most common pattern being that of a bilateral, lower-lobe infiltrate suggestive of miliary spread. Alveolar or nodular infiltrates and hilar and/or mediastinal adenopathy also can occur. Other clinical findings include endobronchial lesions, abdominal pain, diarrhea, and lymphadenopathy. Anemia and elevated liver alkaline phosphatase are common. The diagnosis is made by the culture of blood or involved tissue. The finding of two consecutive sputum samples positive for MAC is highly suggestive of pulmonary infection. Cultures may take 2 weeks to turn positive. Therapy consists of a macrolide, usually clarithromycin, with ethambutol. Some physicians elect to add a third drug from among rifabutin, ciprofloxacin, or amikacin in patients with extensive disease. Therapy is continued until resolution of clinical signs and symptoms, negative cultures, and CD4+ T-cell counts $>100/\mu\text{L}$ for 3–6 months in the setting of ART. Primary prophylaxis for MAC is indicated in patients with HIV infection and CD4+ T-cell counts $<50/\mu\text{L}$ not immediately starting ART. ([Table 202-11](#)). This may be discontinued in patients in whom ART induces a sustained suppression of viral replication regardless of the change in CD4+ T-cell count.

Rhodococcus equi is a gram-positive, pleomorphic, acid-fast, non-spore-forming bacillus that can cause pulmonary and/or disseminated infection in patients with advanced HIV infection. Fever and cough are the most common presenting signs. Radiographically one may see cavitary lesions and consolidation. Blood cultures are often positive. Treatment is based on antimicrobial sensitivity testing.

Fungal infections of the lung, in addition to PCP, can be seen in patients with AIDS. Patients with pulmonary cryptococcal disease present with fever, cough, dyspnea, and, in some cases, hemoptysis. A focal or diffuse interstitial infiltrate is seen on chest x-ray in $>90\%$ of patients. In addition, one may see lobar disease, cavitary disease, pleural effusions, and hilar or mediastinal adenopathy. More than